

Terms & Conditions for the Online Post-Ayahuasca Integration Psychotherapy Program

This document outlines the terms and conditions for participating in the virtual Post-Ayahuasca Integration Psychotherapy program. Please read it carefully. Your participation implies acceptance of these conditions.

1. Program Nature & Objectives

Purpose: This 4-session transpersonal psychotherapy program is specifically designed to support the integration of experiences from previous Ayahuasca ceremonies. Its goal is to help participants understand the symbolic and archetypal content of their experiences and apply them constructively in their daily lives.

Scope: This program provides therapeutic support; it is not a substitute for psychiatric or medical treatment. It is not an Ayahuasca-assisted therapy, nor is it intended to induce expanded states of consciousness. Instead, it focuses on working with insights and information derived from prior experiences.

2. Session Structure & Logistics

Number of Sessions: The program consists of four (4) individual sessions.

Session Duration: Each session will be 50 minutes long.

Format: All sessions will be conducted virtually via video call, using the Google Meet platform.

Flexibility: Sessions will be scheduled at mutually agreed-upon times between the therapist and the participant, with flexibility to accommodate time zones. We recommend one session every two to three weeks for optimal integration. The program must be completed within a maximum period of 3 months from the first session.

3. Confidentiality & Professional Ethics

Confidentiality: All information shared during sessions will be treated with the strictest confidentiality, in accordance with the therapist's professional code of ethics. Sessions will not be recorded without the participant's explicit written consent.

Limits of Confidentiality: Confidentiality may only be broken in exceptional circumstances where there is a clear and imminent risk to the participant's life or the lives of others, as required by law or the professional ethical code.

Ethical Commitment: The therapist is committed to working with the utmost respect, compassion, honesty, and dedication, adhering to the principles of transpersonal psychology and best therapeutic practices.

4. Participant Responsibilities

Honesty: Participants must provide truthful and complete information regarding their physical and mental health history, past and current substance use, medications, and

previous experiences with Ayahuasca or other entheogens and psychedelics (e.g., LSD, DMT).

Commitment to the Process: The program's effectiveness largely depends on the participant's active commitment, including punctual attendance at sessions and a willingness to reflect and engage in suggested practices between sessions.

Substance Use: During the integration program, participants are expected to abstain from participating in Ayahuasca ceremonies or retreats, and from any therapy involving other entheogens or psychedelics, unless recommended by the psychotherapist. Failure to comply with this condition may result in the suspension of the program.

Mental State for Sessions: Participants must ensure they are in a sober and clear state of mind for each session, free from the influence of any substance that could impair their judgment or communication abilities.

5. Assessment & Acceptance Process

Free Initial Video Call (15 minutes): Before starting the program, a free introductory video call will be conducted. Its purpose is for the participant and therapist to meet, for the therapist to assess the program's suitability for the participant's needs, and to address any initial questions.

Program Acceptance: Participation in the program is not automatically guaranteed after the introductory call. The final decision to accept a participant rests with the therapist, based on the assessment of suitability and safety. If not accepted, alternative recommendations will be offered where possible.

6. Payments & Cancellations

Cost: The total cost for the 4-session program is US\$400.

Payment Policy: Full payment for the program must be made before the first session.

Session Cancellation/Rescheduling: Sessions must be rescheduled with a minimum of 48 hours' notice. Sessions canceled with less than 48 hours' notice or missed sessions without prior notification will not be refunded or rescheduled.

Program Interruption: If the participant decides to interrupt the program before completing all 4 sessions, there will be no refund of any kind.

Termination by Therapist: The therapist reserves the right to terminate the program at any time if they believe its continuation is not beneficial for the participant or if the agreed-upon terms and conditions are breached. In such a case, a proportional refund for unused sessions will be discussed.

7. Legal Disclaimer

This program is a psychotherapeutic support service and is not intended to diagnose, treat, or cure any serious medical or psychiatric condition without the supervision of a licensed healthcare professional.

The therapist does not promote or facilitate the illegal use of substances. The program focuses solely on the integration of prior Ayahuasca experiences.

By proceeding with the request for the initial video call, the participant confirms they have read, understood, and accepted the terms and conditions outlined herein.